CUTTING LAYOUTS 150CM (60IN) WIDTH FABRIC 115CM (45IN) WIDTH FABRIC (SIZES 6-14) (SIZES 16-20) RONT RONT BACK BACK BODICE SKIRT FRONT SKIRT FRONT SKIRT BACK SKIRT BACK 115CM (45IN) WIDTH FABRIC (SIZES 6-14)

150CM (60IN) WIDTH FABRIC (SIZES 16-20)



KEY TO PATTERN

RIGHT SIDE WRONG SIDE

© Printed in the UK for Simply Sewing magazine. Supplied by Immediate Media Company Ltd, Bristol, BS1 3BN. To be used for individual, private home use only and not for commercial or manufacturing purposes.

THE DAISY DRESS PATTERN

STITCHING TERMS

Neatening raw edges: Use a zigzag stitch or overlocking stitch. You could use pinking shears on cotton fabrics.

Trim and clip seams: This is to reduce the bulk of fabric and ensure it sits smoother along the curve.

Understitching: A line of machine stitching stitched through the facing and seam allowance to keep the facing from rolling to the outside of the garment. **Press:** Press all the seams where suggested in the instructions.

Seam allowance: Sew all seams with a 1cm (%in) seam allowance unless otherwise stated. All seam allowances are included in this pattern.

CUTTING OUT

Choose your size using the size chart on the pattern envelope. For sizes 6-14 use 115cm (45in) width fabric, and for sizes 16-20 use 150cm (60in) width fabric. Cut out all the pattern pieces according to your size. Each size has a different style of line to follow as shown on the pattern sheet. For the back skirt, cut and join it along the dotted line as marked and join together to make the whole pattern piece. Make sure you follow the directions on the pattern pieces, laying the grain arrows along the grainline of the fabric.

Fold the fabric right sides (RS) together to pin and cut out the front bodice, back bodice, skirt front and skirt back. Place the fold marks on the pattern pieces along the fold of the fabric. Pin your pattern pieces in place and transfer all pattern markings using tacking stitches, chalk or pins. Unfold the remainder of the fabric and place it wrong sides (WS) up to pin and cut out the front and back facings as a single layer. Cut facings from the interfacing as a single layer.

Cut out the following pieces:

Main fabric:

Bodice front - cut 1 on fold

Bodice back - cut 2

Skirt front - cut 1 on fold

Skirt back – cut 1 on fold

Front facing – cut 1

Back facing - cut 1

Interfacing

within the pattern pieces.

Front facing – cut 1

Back facing - cut 1

PATTERN MARKINGS

Pleats: These lines are for

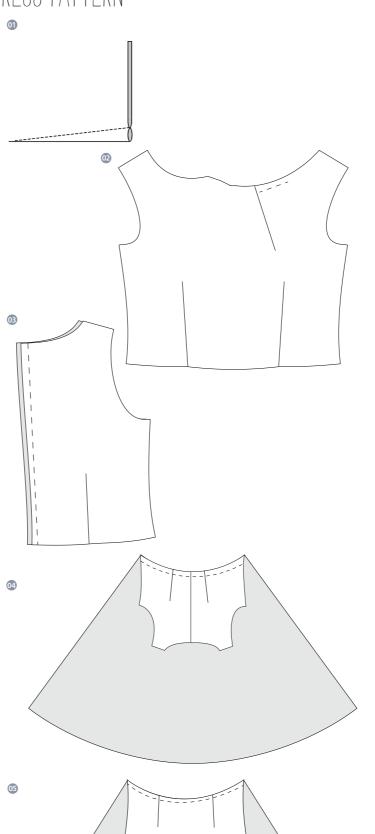
matching up to create pleats
within the pattern pieces.

where to place the pattern piece
along the grainline of the fabric.

Notches: These are marked on the edges and are mainly used for matching up to create darts

where to place the pattern piece
along the grainline of the fabric.

Arrows: These are to let you know



MAKING THE DRES

MAKING DARTS AND PLEATS IN THE BODICE FRONT

Step one Sew darts in the bodice front by folding along the marked lines with right sides (RS) together. Pin through both layers then stitch from the waist to the point. Tie the threads at the point to secure and press the dart towards the centre of the dress. ①

Step two There is one pair of pleat lines either side of the centre of the bodice front. Bring the two pleat lines of one pair with RS together and pin along the line. Tack them facing towards the bodice side then remove the pins. Repeat with the other pair of pleat lines, again tacking them in place so they face towards the bodice side. ©

MAKING THE BODICE BACK

Step one Sew a dart in each of the bodice back pieces by folding along the marked lines with RS together. Pin through both layers then stitch from the waist to the point. Tie the threads at the point to secure and press the dart towards the centre back of the dress.

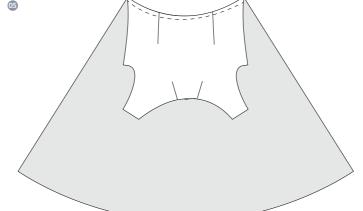
Step two Place the two bodice back pieces RS together and stitch together down the centre back seam. Press the seam open and neaten raw edges. (3)

ATTACHING THE SKIRT

Step one Place the bodice back and the skirt back RS together and stitch together along the waist seam. Press the seam up towards the bodice and neaten the raw edges. $^{\textcircled{a}}$

Step two Place the bodice front and the skirt front RS together and stitch together along the waist seam. Press the seam up towards the bodice and neaten the raw edges. (5)

Step three Neaten the raw edges on the left side of the bodice and skirt.



THE DAISY DRESS PATTERN



Step one Place the left side of the bodice front and skirt front RS together with the left side of the bodice back and skirt back. Stitch together from the armhole on the bodice down to the notch on the bodice. ©

INSERTING THE ZIP

Invisible zips (also called concealed zips) are formed from a nylon continuous coil attached to the zip tape. The slider runs on two coils on each side and the teeth are formed by the windings of the coils. The coil is on the back of the zip instead of the front so its teeth are hidden behind the tape. It's perfect for dresses like this one where you don't want the zip to show.

It's best to use a special invisible zip foot, which has two small grooves on the bottom for slotting the zip coils into as you stitch, but you can use an ordinary zip foot, too.

Invisible zips are attached in a different way to a normal zip and are sewn onto the right side of the fabric.

Step one Press both edges of the zip opening under by 1cm (¾in) to the wrong side (WS) from the bottom of the armhole seam to the skirt notch.

Step two Open the zip all the way and press the zip tape flat on the WS, unrolling the coils as you go but taking care not to press the coils as this may melt them.

Step three Working from the outside of the dress and laying it flat RS up, unfold the pressed-under fabric edge on the right edge. With RS together, pin the right zip tape to the unfolded right fabric edge. The zip coils need to lie along the pressed seam line and the tape will be within the seam allowance. The top stop of the zip should be positioned 1cm below where the armhole seam finishes. Tack the zip into place then position the zip foot at the top of the zip with the right groove of the foot over the coil. Stitch along the zip tape all the way down to the skirt notch.

Step four Join the other half of the zip tape to the right side of the zip opening in the same way. Make sure the top and bottom dress seams meet evenly and the waistline seams match, then tack the zip tape in place. Position the zip foot at the top of the zip with the left groove of the foot over the coil. Stitch along the zip tape all the way down to the skirt notch.

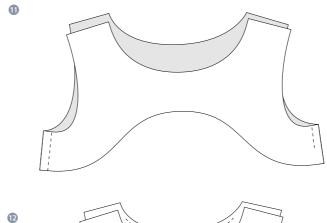
Step five Close the zip all the way up to the top then pull the free unstitched ends of the zip tape away from the seam allowance. Pin the skirt back and skirt front RS together from the skirt notch to the hem.

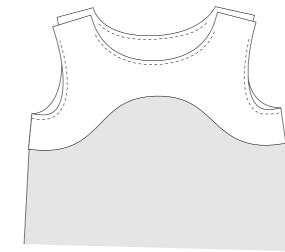
Step six Change your sewing machine foot to an ordinary zip foot. Now stitch the seam starting about 1.5cm (%in) above the zip stitching line. You won't be able to stitch exactly on top of the zip stitching as the zip coils are in the way so just stitch as close as you possibly can by swinging the needle over.

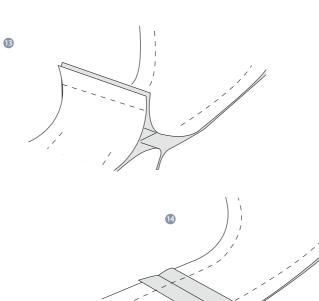
Stitch all the way to the hem to finish the seam.

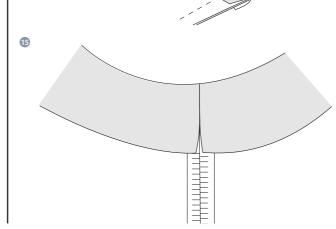
JOINING THE RIGHT SIDE OF THE DRESS

Step one Place the right side of the bodice front and skirt front RS together with the right side of the bodice back and skirt back. Stitch together all the way down, making sure you match notches and waist seams. Neaten the raw edges and press the seams open. ①









ADDING THE ALL IN ONE ARMHOLE AND NECKLINE FACING

JOINING THE FACINGS

Step one Press the interfacing pieces onto the WS of the corresponding fabric facing pieces and leave to cool.

Step two Pin the front facing to the back facing at the right side edges with RS together and stitch.

Step three Pin the front facing to the back facing at the left side edges with RS together and stitch down for just 4cm (15% in) leaving a gap at the bottom to fit over the zip later.

ATTACHING THE FACINGS TO THE BODICE

Step one Press the seams open, then neaten the bottom edge of the facing all the way around.

Step two With the bodice RS out place the facing RS together on top, matching the seams and all neckline and armhole edges. Pin together all the way around.

Step three Mark with a pin 5cm (2in) from the top of the shoulders down both sides on all four shoulder edges.

Step four Starting and stopping at these 5cm (2in) pin marks, stitch the facing to the bodice around the neckline and armhole edges.

Output

Description:

Step five Trim the seams and clip the curves on all of the neckline and armhole edges.

Step six Press and turn the bodice RS out with the facing on the inside, then understitch the facing to the seam allowance. You won't be able to stitch into the narrower parts of the shoulders, so just stitch as far as you can.

JOINING THE SHOULDERS

Step one With the bodice still RS out, take one front shoulder and the corresponding back shoulder and place them RS together on the bodice side. Peel back the facings to keep them out of the way then line up the shoulder edges and pin. Stitch the fabrics together to make the shoulder seam. Press the seam open

Step two Now take the facing sides of the shoulders and join them RS together at the shoulder in the same way taking care to only stitch through the facings. Press the seams open. ⁽³⁾

Step three Repeat this to join the other front and back shoulders on the opposite side.

CLOSING THE FACINGS

Step one Pull the shoulder to the inside of the dress so it is WS out. Line up the shoulder seams on the bodice and facing and pin together down both sides making sure you don't catch any of the rest of the dress.

 $\begin{tabular}{ll} \bf Step \, two \, Carefully \, stitch \, down \, both \, sides \, overlapping \, the \, seam \, already \, \\ worked \, to \, make \, it \, secure. \end{tabular}$

Step three Turn it RS out by pulling it back through for a perfect join. Press. **Step four** Repeat this to close the seams on the opposite shoulder.

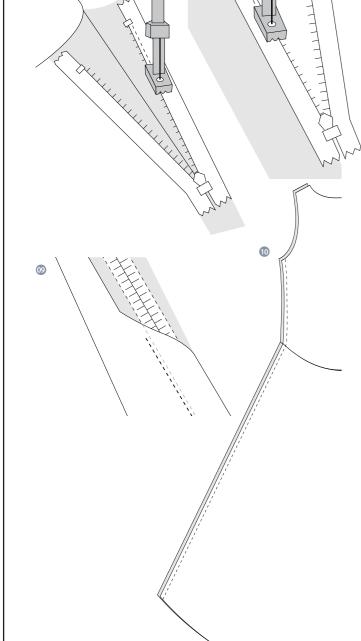
Step five Turn under and slip stitch the unstitched left side armhole edges of the facing over the inside of the bodice left side armhole edge to cover the top of the zip too. (5)

HEMMING THE DRESS

Step one Try the dress on and check the length. Mark if any alterations need to be made and remove the dress.

Step two Turn the raw edges under by 5mm (¼in) and press. Turn under again by 5mm (¼in), press and tack into place.

Step three Stitch the hem by machine, or stitch it by hand with slip stitch if you prefer, for a neat finish. Remove all the tacking stitches and press to finish.



WWW.SIMPLYSEWINGMAG.COM

06