

Simply Sewing

FRESH IDEAS WITH FABRIC

MY MEASUREMENTS

Once you've taken your measurements, write them down in this table so you'll always have them to hand when you need to check them or begin a new dressmaking project.

| | CM | IN |
|-----------------|----|----|
| HIGH BUST/CHEST | | |
| BUST | | |
| BUST POINT | | |
| WAIST | | |
| HIPS | | |
| BACK WAIST | | |
| HEIGHT | | |
| NECK | | |
| SHOULDER | | |
| ARM | | |
| INSIDE LEG | | |
| OUTSIDE LEG | | |
| FRONT RISE | | |