



GARTER
STITCH



WORSTED
WEIGHT



4MM

YOU WILL NEED

- Blue and red worsted weight yarns
You will need less than 45m of the main colour and less than 15m of the contrast colour
- A pair of 4mm needles
- A spare needle or large safety pins to use as stitch holders
- A tapestry needle
- Toy stuffing or scraps of yarn
- A crochet hook (optional)

TENSION

Exact tension is not critical for this project

ABBREVIATIONS

For a full list see *Simply Knitting* magazine



HEARTFELT

A quick-knit gift for you to cast on today!

This sweet heart decoration will knit up in a flash using simple garter stitch. Make it for someone special this Valentine's Day!



K HEART (MAKE 2)

The heart is made by knitting the top curves first in two separate pieces, which are then joined together by

knitting across both of them in one row. To work out which is the right side of your garter stitch, loop a piece of contrasting yarn through the right side of the work after you've knitted a couple of rows.

MAKE FIRST HALF OF HEART TOP

Cast on 9 sts using 4mm needles and blue yarn.

Set-up row Knit.

Row 1 (RS) Kfb, knit to end. [10 sts]

Row 2 (WS) Knit.

Row 3 Knit to last 2 sts, kfb, k1. [11 sts]

Row 4 Knit.

Repeat rows 1–4 once more. [13 sts]

Repeat rows 1 & 2 once more. [14 sts]

Knit 3 rows.

Break yarn and leave sts on holder or large safety pin.

MAKE SECOND HALF OF HEART TOP

Cast on 9 sts using 4mm needles and blue yarn.

Set-up row Knit.

Row 1 (RS) Knit to last 2 sts, kfb, k1. [10 sts]

Row 2 (WS) Knit.

Row 3 Kfb, knit to end. [11 sts]

Row 4 Knit.

Repeat rows 1–4 once more. [13 sts]

Repeat rows 1 & 2 once more. [14 sts]

Knit 3 rows.

JOIN SIDES OF HEART TOP

Return second set of stitches to needles, ensuring both sides have WS facing you.

Knit 1 row, working k2tog across the last stitch of the first piece and the first stitch of the second

piece, to join the two halves together. [27 sts]

Next row (RS) K1, ssk, knit to last 3 sts, k2tog, k1. [25 sts]

Next row (WS) Knit.

Repeat the last 2 rows until you have 5 sts, ending with a RS row.

Next row (WS) K1, k3tog, k1. [3 sts]

Break the yarn and thread through the remaining sts.

TO MAKE UP

When you have made the second side of the heart, place WS together and back stitch around the edge, leaving the bottom edge open. Turn right sides out. Make a crochet chain or simple loop of yarn and secure to top of heart for hanging loop. Stuff with toy stuffing or yarn scraps and sew bottom edge shut. Darn in ends.

FLOWER

You will make 5 individual petals and then join them together at the end.

PETAL (MAKE 5)

Cast on 2 sts using 4mm needles and red yarn.

Set-up row Knit.

Row 1 (RS) Kfb twice. [4 sts]

Row 2 (WS) Knit.

Row 3 (Kfb, k1) twice. [6 sts]

Row 4 Knit.

Rows 5–8 Knit.

Row 9 (K2tog, k1) twice. [4 sts]

Leave sts on a spare needle or safety pin. When you have 5 petals, return them to your needles, making sure all pieces are facing the same way. Knit across all sts once. Break yarn and thread through all sts. Pull tight and weave in ends. 